

Italian Pasta Toss

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- 2 Cups Cooked Chicken cut into bite sized pieces (about 2 breasts)
- 1 cup Italian Salad Dressing
- 1 box pasta cooked (Shape of your choice)
- 1 bag frozen veggies (again your choice...I like broccoli)
- Shaky Cheese (Grated Parmesan) Optional

Directions

In a large skillet mix 2 Cups Cooked Chicken Breast chopped into bite sized pieces, 1 cup Italian Salad Dressing, 1 box of pasta cooked al dente, and frozen veggies.

Cook over medium heat until heated through.

Serve! Top with cheese if desired!

Yes, its that easy!

****TIPS**

Cook Chicken when you bring it home from store. Place in freezer bags for quick meals, or salads!

Cook pasta the night before, so you just have to toss it all together! You will have dinner in 10 minutes!

Change it up! Use a different type of veggie and salad dressing for a different taste!

This is super kid friendly!