



## Printable Grocery List 5/20

- Pork loins are on sale for \$2.49/lb if you cut your own chops like I did. They are typically around 4 lbs (\$9.96).
- Bread Crumbs \$1.99 (est) or [make your own](#)
- Pure Wesson Oil, 100% Natural, Vegetable or Canola or Corn or Best Blend, 48 oz bot, BOGO \$3.79
  - *-\$0.50/1 Wesson Oil, Any 48 Oz. (Manufacturer's Coupon With Kroger Logo)*
  - *-\$1/2 Wesson Oil (48 oz. or larger), any – All You, April 2010*
  - *-\$1/1 Wesson Canola Oil, Any 48 Oz. Or Larger – ConAgra Rediscover Your Balance Booklet*
- Sweet Baby Ray's Barbecue Sauce, Assorted Varieties, 18 oz Bottle, \$2.35
- Fresh Express Salad Blend, Assorted Varieties, 4.5 to 12 oz bag, Surprisingly Low Price
  - *-\$0.55/1 Fresh Express Salad Blends And Complete Kits, Any (DND 5) Tearpad*
  - *-\$1/1 Fresh Express Salad Blends, Any Blinkie*
  - *-\$1/2 Fresh Express Publix coupon Peelie (on Vidalia onions)*
  - *-\$1/2 Fresh Express Publix coupon Family Style Magazine*
- Zucchini \$1.49/lb (estimate) (2 lbs)
  - *Check local farmers market and other stores for better prices*

### Grand Total after Coupons

**\$20.07**

### Divide by 2 (for meals)

**\$10.03**

### Divide by 4 (servings per meal)

**\$2.50 per person**