



Summer Screentime

Want to watch TV ? Play a Video Game? Check this list first!



- Brush Teeth / Make Bed / Get Dressed
- Help the House - Do at least 1 chore
- Read for at least 30 Minutes
- Play Outside for at least 30 minutes
- Get Creative - Legos / Craft / Art
- Make a Memory - Don't waste the day!
- Show Responsibility - Clean Up Your Messes



Parents reserve the right to change screentime rules and limits at anytime!